## ADS-D (G)

## Attitudes to Disability Scale for People with Disabilities

A Measure of General Attitudes to Disabilities \& People with Disabilities

Field Trial Version

Prepared by the DIS-QOL Group
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#### Abstract

ABOUT YOU

Before you begin, we would like to ask you to answer a few general questions about yourself. Please answer by putting a cross like this $\mathbf{X}$ in the box beside the correct answer $\underline{\text { OR write in the space provided. }}$ 


Marital status: Select the one that best describes your current situation

| Single | Separated |
| :---: | :---: |
|  |  |
| Married | Divorced |
| Living with Partner | Widowed |

Home location: (name of village / town / city): $\qquad$ Post Code: $\qquad$

Living circumstances \& support: Select the one that best describes your situation
Living at home - no support required
Living at home with support from unpaid carers (e.g. partner, family, friends)
Living at home with support from paid carers
Living in community care / sheltered housing supported by staff
Living in a residential care home / nursing home
Living in a long-stay hospital
Other (please tell us what) $\qquad$


Education: What is the highest level of education you received?

| None at all | $\square$ |
| :--- | :--- |
| Special school |  |
| Primary school |  |
| Secondary school / High school |  |
| College / University |  |
| Other (please tell us what)......................................................................... |  |

Health status: Are you currently ill or in poor health? Yes $\square$ No


If something is wrong with your health, what do you think it is? $\qquad$
$\qquad$


If you believe you have a disability, what do you think it is? $\qquad$

How long have you had this disability?. (years / months)

How visible is this disability? (Do you feel other people see or notice this disability?)


How much does this disability affect your life?


Occupation: What is your main occupation /daytime activity?

Paid employment
Voluntary employment (unpaid)
Unemployed, currently looking for work
Education (full-time or part-time)
Day hospital / Day centre
Home-based (e.g. homemaker, household duties etc)
Retired
None
Other (please tell us what). $\qquad$


Income: Compared to other people in your country, how would you rate your financial situation and possessions?
Well above average
Slightly above average
Average
Slightly below average
Well below average


## Thank you for this information

## INSTRUCTIONS

This questionnaire asks you how you feel about disabilities and people with disabilities in general.
Please keep in mind your standards; what makes you happy; your hopes and dreams, and your worries or concerns.

Please answer all the questions. If you are unsure about which answer to give to a question - if it is hard to pick an answer - please choose the one that seems nearest or most appropriate. This can often be the first thing that comes into your mind.

There are no right or wrong answers - just answer what is true for you. Please think about your life and your experience of disabilities in general.

For example, thinking about your life and your experience of disabilities in general, a statement might say:

| EXAMPLE | $\ddots$ |  | $\ddots$ |  | $\ddots$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Strongly <br> disagree | Disagree | Uncertain | Agree | Strongly <br> agree |
| People with a disability can be as happy as anyone else. | 1 | 2 | 3 | 4 | 5 |

You should circle the number that best fits how much you agree with the statement. So you would circle the number 5 if you strongly agree that people with a disability can be as happy as anyone else, as follows:

| EXAMPLE | $\ddots$ |  | $\ddots$ |  | $(\because)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Strongly <br> disagree | Disagree | Uncertain | Agree | Strongly <br> agree |
| People with a disability can be as happy as anyone else. | 1 | 2 | 3 | 4 | 5 |

Alternatively, you would circle number 1 if you strongly disagree that people with a disability can be as happy as anyone else.

Please read each statement, think about your feelings, and circle the number on the scale for each question that gives the best answer for you.

You may find it helpful to look at the 'smiley faces' that add a visual guide (a picture) to the number scales. These are available printed on separate cards also.

If you would like some help to write your answers on the form, it is OK to ask someone to do this for you.

These questions ask how much you agree with the following statements.

If you agree with the statements an extreme amount (a great deal) circle the number 5 next to "Strongly agree". If you do not agree with the statements at all, circle the number 1 next to "Strongly disagree". Alternatively, if your answer lies somewhere between "Strongly disagree" and "Strongly agree", you should circle one of the numbers 2, 3 or 4 in between.

Please think about disability and people with disabilities in general.

|  |  | - |  | $\because$ |  | $\bigcirc$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Strongly disagree | Disagree | Uncertain | Agree | Strongly agree |
| 1 | People with a disability find it harder than others to make new friends. | 1 | 2 | 3 | 4 | 5 |
| 2 | People with a disability have problems getting involved in society. | 1 | 2 | 3 | 4 | 5 |
| 3 | People often make fun of disabilities. | 1 | 2 | 3 | 4 | 5 |
| 4 | People with a disability are easier to take advantage of (exploit or treat badly) compared with other people. | 1 | 2 | 3 | 4 | 5 |
| 5 | People with a disability are a burden on society. | 1 | 2 | 3 | 4 | 5 |
| 6 | People with a disability are a burden on their family. | 1 | 2 | 3 | 4 | 5 |


|  |  | $\stackrel{\circ}{\bullet}$ |  | $\bigcirc$ |  | - |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Strongly disagree | Disagree | Uncertain | Agree | Strongly agree |
| 7 | Having a disability can make someone a stronger person. | 1 | 2 | 3 | 4 | 5 |
| 8 | Having a disability can make someone a wiser person. | 1 | 2 | 3 | 4 | 5 |
| 9 | Some people achieve more because of their disability (e.g. they are more successful). | 1 | 2 | 3 | 4 | 5 |
| 10 | People with a disability are more determined than others to reach their goals. | 1 | 2 | 3 | 4 | 5 |


|  |  | - |  | $\because$ |  | $\bigcirc$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Strongly disagree | Disagree | Uncertain | Agree | Strongly agree |
| 11 | People tend to become impatient with those with a disability. | 1 | 2 | 3 | 4 | 5 |
| 12 | People tend to treat those with a disability as if they have no feelings. | 1 | 2 | 3 | 4 | 5 |
| 13 | Sex should not be discussed with people with disabilities. | 1 | 2 | 3 | 4 | 5 |
| 14 | People should not expect too much from those with a disability. | 1 | 2 | 3 | 4 | 5 |
| 15 | People with a disability should not be optimistic (hopeful) about their future. | 1 | 2 | 3 | 4 | 5 |
| 16 | People with a disability have less to look forward to than others. | 1 | 2 | 3 | 4 | 5 |

## Do you have any comments about the questionnaire?

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$\qquad$

## THANK YOU FOR YOUR HELP

